SEPTEMBER VEGETABLE SOUP

(Acquacotta)

INGREDIENTS:

Servings: 8-10 people

Finely diced large onions Olive oil

Finely diced carrots Finely diced celery stalks

Red peppers
Peeled and finely diced celery root

Seeded and diced plum tomatoes Salt and freshly ground pepper

Water
Chopped fresh sage
Chopped fresh rosemary

Tied parsley

Thick, crusty bread

Freshly grated parmesan cheese

950 ml

1 tbs

1 tbs 1 large bunch 1 per person

1 slice per person

TOOLS:

Baking sheet
Chef's knife
Cutting board
Kitchen string
Large sauté pan
Frying pan

Ladle

PREPARATION:

Roast, peel and seed the red peppers then slice them into long, thin strips.

In a large sauté pan, heat the olive oil then sauté the onions until translucent. Add the celery stalks, celery root and carrots and continue cooking until all of the vegetables are tender. When the vegetables are soft, add the strips of red pepper and the diced tomatoes. Simmer over a very low flame for 10-15 minutes. Season to taste with salt and freshly ground pepper and continue simmering, over a very low flame for another 10-15 minutes. Add the sage, rosemary, parsley and the water and continue simmering for 10-15 minutes.

While the soup is simmering, scramble the eggs in a separate frying pan.

When the soup is ready, place a slice of bread in the bottom of an individual soup bowl, ladle some soup over the bread, add the scrambled egg and top with freshly grated parmesan cheese.